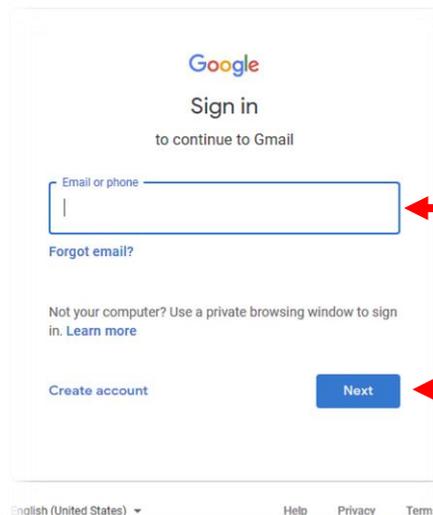


## Gmail - Resetting Password

To reset a Gmail password, a **security passcode** will be sent to your phone. To receive this passcode, your current phone number needs to be the same phone number that is linked to the Gmail account. If you have changed your phone number, then you will need to contact your service provider for help.

If your phone number is the same one linked with Gmail follow the steps below to reset your password.

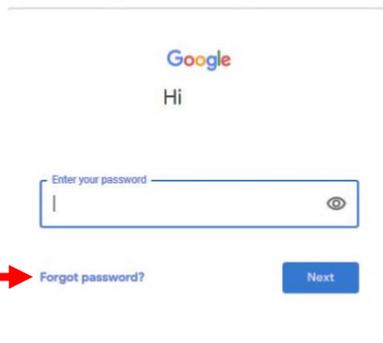


The screenshot shows the Google Sign in page. At the top, it says "Google Sign in to continue to Gmail". Below this is a text input field labeled "Email or phone" with a cursor inside. To the left of the field is a link for "Forgot email?". Below the field is a note: "Not your computer? Use a private browsing window to sign in. [Learn more](#)". At the bottom left is a link for "Create account" and at the bottom right is a blue "Next" button. At the very bottom, there are links for "English (United States)", "Help", "Privacy", and "Terms".

1. Enter your email or phone number here

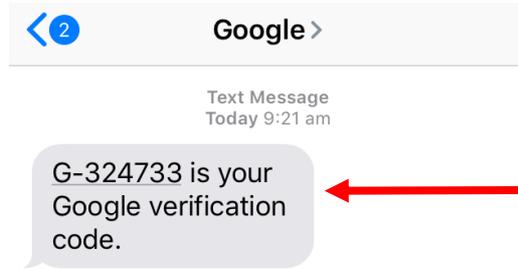
2. Click 'Next'

3. Click on 'Forgot password'



The screenshot shows the Google password reset page. At the top, it says "Google Hi". Below this is a text input field labeled "Enter your password" with a cursor inside and an eye icon to toggle visibility. Below the field is a link for "Forgot password?". At the bottom right is a blue "Next" button.

4. Google will send you a message to your mobile phone with a code.



*Example of the text sent from Google to your phone*

5. Type in the code then you will be asked to make a new password and confirm the password

Choose a strong password and don't reuse it for other accounts. [Learn more](#)

Changing your password will sign you out of all your devices, including your phone. You will need to enter your new password on all your devices.

New password

Password strength:  
Use at least 8 characters. Don't use a password from another site, or something too obvious like your pet's name. [Why?](#)

Confirm new password

**CHANGE PASSWORD**

6. Type your new password here. Follow the Password strength instructions.

7. Re-enter your password here to confirm your new password.

8. Click here to finish.

9. After you click on 'Change password', your password will be changed, and you will be transferred to your Gmail inbox.